

## In Partnership for the Hungry

### Become a Donor

#### All Faiths Food Bank

is accepting donor shares from  
Gamble Creek Farm.

You can purchase a share of vegetables to be delivered directly to the All Faiths Food Bank weekly.

#### Gamble Creek Farm

is offering discounts to donors  
for the All Faiths Food Bank.

Full shares will be discounted \$50  
Half shares will be discounted \$35



In addition to donor shares,  
Gamble Creek Farm is planting  
1/4 acre of produce for  
All Faiths Food Bank and will  
donate excess crops

Our goal is to provide  
All Faiths Food Bank with a diverse  
mixture of seasonal vegetables.  
Below are some examples of what kind of  
crops Gamble Creek Farm will grow.

#### Fall

Asian greens  
Lettuce  
Sugar Snap Peas  
Eggplant  
Cabbage  
Broccoli  
Beans

#### Winter

Spinach  
Swiss Chard  
Tomatoes  
Kale  
Beans  
Peppers  
Lettuce

#### Spring

Squash  
Carrots  
Beets  
Cauliflower  
Peppers  
Eggplant



Find us on  
**Facebook**

## Gamble Creek Farm

A Local Organic CSA Farm  
with Hydroponics  
(Community Supported Agriculture)



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## In Partnership for the Hungry



Gamble Creek Farm  
Parrish, Florida  
[www.GambleCreekFarm.org](http://www.GambleCreekFarm.org)

*Gamble Creek Farm is operated by Florida West Coast  
RC&D, a nonprofit dedicated to creating an  
entrepreneurial local food economy through trainings  
and technical assistance.*

# Gamble Creek Farm

Gamble Creek Farm is a local urban farm in Palmetto, Florida operated as a CSA (**Community Supported Agriculture**). This is an innovative way to connect local consumers with local farmers. At the beginning of each season “members” invest financially in the farm, much like a shareholder of a company. This investment helps pay for seeds, equipment, labor, etc.

Gamble Creek Farms grows both hydroponically and in the field. Field-grown vegetables are USDA certified organic. Conventional hydroponic methods use a nutrient solution in an inert growing medium instead of soil.



## Why Local Food?

### Economic Benefits

Local businesses are the backbone of local economies and communities. When you buy direct from local farmers, your dollars stay within your community, and strengthen the local economy.

Almost 90¢ of every dollar you spend goes to the farmer, thus preserving farmland and farming as a livelihood. And that money is more likely to be spent in town to support other local businesses.

### Health Benefits

Better soil management techniques used in organic farming, such as crop rotation, use of cover crops and composting, help enrich the soil and increase the concentration of vitamins and minerals in the plants.

### Faster and Fresher

The longer food sits after harvest, the more vitamins and nutrients it loses. And since our produce is coming directly from the farm, it doesn't need to be processed to increase shelf-life.

## Donor Form

You can also apply online and pay online at [www.GambleCreekFarm.org](http://www.GambleCreekFarm.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Referred by: \_\_\_\_\_

**Share Size: (circle one)**

**Payment:** ( a minimum \$150 deposit is required )

Full Share: \$500

Half Share: \$275

Send to Florida West Coast RC&D:

945 25th Drive East, Suite 11  
Ellenton, FL 34222  
(941) 981-0111

Or Directly to All Faiths Food Bank

8171 Blaikie Ct.  
Sarasota, FL 34240  
(941) 379-6333

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The Mission at All Faiths Food Bank is to solicit, warehouse, process and distribute food to not-for-profit agency partners offering hunger relief. The Food Bank reduces food waste by reclaiming the food that might otherwise go into our landfills. It also provides community leadership and education on issues related to food, nutrition and hunger.

Food is more than a meal. It can serve as a magnet to individuals who may be reluctant to ask for help from other programs and services. The outreach efforts of All Faiths Food Bank can link them to intervention services that help to attain self-sufficiency.