



To download your copy of this free resource guide, go to [www.allfaithsfoodbank.org/resourceguide](http://www.allfaithsfoodbank.org/resourceguide)

### **What does this resource guide contain?**

This food and nutrition resource guide, provided by All Faiths Food Bank, is a tool for professionals to support individuals and families who are in need of food. The guide contains program descriptions, contact information and additional information.

### **How will this resource guide help a hungry family?**

With information from this resource guide, an individual or family will be able to contact free food resources provided by the Federal Government, the State of Florida, Sarasota and Desoto Counties, and All Faiths Food Bank.

### **Who should use this resource guide?**

This resource guide is for professionals or volunteers who interact with people who may need food and nutrition resources.

To gain the greatest benefit from this guide, please review its contents and become familiar with the programs offered to residents of Sarasota and Desoto Counties. If you have questions, feel free to contact any of the organizations.

These resources exist to support people who may need them.

## FEDERAL/STATE PROGRAMS

# SNAP

### ADMINISTRATIVE CONTACTS

#### Sarasota & DeSoto Counties

Community Development  
Administrator, Kim Kutch,  
877-868-0386, 1864 17th St.,  
Sarasota FL 34234

Client Relations Coordinator,  
Elida Mujic, 877-595-0384  
Email: SCR.C12.Client.  
Relations@myflfamilies.com  
9393 N. Florida Ave., Tampa  
Florida 33612

**Federal:** [www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap](http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap)

**State DCF:** 850-487-1111

Lisa Mayrose, Suncoast  
Regional Director,  
813-558-5500  
9393 N. Florida Ave., Tampa  
Florida 33612

# WIC

### ADMINISTRATIVE CONTACTS

#### Sarasota & DeSoto Counties

Fla Dept of Health, Sarasota  
County, Joan DiMauri, 941-861-  
2907 Email: joan.demauro@  
flhealth.gov

Florida Dept of Health, DeSoto  
County, Aubrey Will, 863-993-  
4601 or 863-491-7580 Email:  
Aubrey.Will@flhealth.gov

**Federal** – USDA Food and  
Nutrition Services, [www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)

**State:** Florida Dept of Health  
Rhonda Herndon, Bureau  
Chief, (850) 245-4202 Toll Free  
1-800-342-3556 Email: Rhonda.  
Herndon@flhealth.gov

### Supplemental Nutrition Assistance Program (SNAP)

SNAP is the largest program in the domestic hunger safety net, offering nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities. The Food and Nutrition Service works with State agencies, nutrition educators, and neighborhood and faith-based organizations to ensure that those eligible for nutrition assistance can make informed decisions about applying for the program and access benefits.

### FOR INDIVIDUALS SEEKING ASSISTANCE

866-762-2237

**Applications:** [www.myflorida.com/accessflorida](http://www.myflorida.com/accessflorida)

**Information:** [www.myflfamilies.com/service-programs/access-florida-food-medical-assistance-cash/snap-information](http://www.myflfamilies.com/service-programs/access-florida-food-medical-assistance-cash/snap-information)

**How to Apply:** Customers can apply for SNAP by visiting the Department of Children and Families (DCF) ACCESS Online Website on any computer with internet connection. If the customer does not have computer access, DCF community partner sites are locations where customers can apply.

**Sarasota County:** ACCESS Florida Service Center  
877-595-0384, 1864 17th St., Sarasota, FL 34234

**DeSoto County:** Dept of Children and Families  
863-263-9008, 805 North Mills Ave., Arcadia, FL 34266

### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

WIC provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

**How to Apply:** Call the local WIC office or call toll free to apply for WIC. The local WIC office will provide a date and time for a WIC certification visit. At this visit, the household income and the medical/nutrition status of each applicant will be reviewed.

### FOR INDIVIDUALS SEEKING ASSISTANCE

Call Center: 1-800-342-3556; Online: [www.fns.usda.gov/wic](http://www.fns.usda.gov/wic)

**Sarasota County:** 941-861-2929, 2200 Ringling Blvd., Sarasota, FL 34237

North Port: 941-861-3336, 6950 Outreach Way, North Port, FL 34287

**DeSoto County:** 863-993-4601 or 863-491-7580  
34 South Baldwin Ave., Arcadia, FL 34266

**FEDERAL/STATE SCHOOL MEAL PROGRAMS**

**Direct Certification:** All school districts nationwide are required to directly certify children living in households that receive SNAP/Food Stamp benefits for free school meals. Direct certification is also possible through enrollment in certain Medicaid programs. States and school districts should also work with other agencies, such as the Food Distribution Program on Indian Reservations (FDPIR) and the Temporary Assistance for Needy Families (TANF) office to certify without paper application other categorically eligible children. Children who are categorically eligible and may be directly certified include children in foster care, Head Start, homeless, migrant or living in households receiving SNAP/Food Stamp, certain Medicaid programs, FDPIR or TANF benefits may be directly certified.

## BREAKFAST & LUNCH

### ADMINISTRATIVE CONTACTS

#### Sarasota County Food and Nutrition Services:

[www.sarasotacountyschools.net/departments/fns/](http://www.sarasotacountyschools.net/departments/fns/)

Beverly L. Girard, PhD, MBA, RD, Director of Food & Nutrition Services, 941-486-2199

Email: [Beverly.Girard@sarasotacountyschools.net](mailto:Beverly.Girard@sarasotacountyschools.net)

[sarasotacountyschools.net](http://sarasotacountyschools.net)

#### DeSoto County Food and Nutrition Services

Sheerynne Iverson, Associate

Director, Food Service

863-494-4222, E-mail: [sheerynne.](mailto:sheerynne.iverson@desoto.k12.fl.us)

[iverson@desoto.k12.fl.us](mailto:iverson@desoto.k12.fl.us)

## AFTER SCHOOL MEALS

### School Breakfast and Lunch Program

This program is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free breakfasts and lunches to children each school day.

**How to Apply:** Schools send school meal applications home at the beginning of each school year. However, you may apply for school meals at any time throughout the school year by submitting a household application directly to your school. Your school will provide you with an application upon request. If you are earning at or below current income eligibility guidelines we encourage you to contact your school to fill out a school meal application. The school or local education agency will process your application and issue an eligibility determination. Income Eligibility Guidelines: [www.fns.usda.gov/fr-032316](http://www.fns.usda.gov/fr-032316)

### FOR INDIVIDUALS SEEKING ASSISTANCE

800-504-6609, Online: [www.fns.usda.gov/nslp/national-school-lunch-program-nslp](http://www.fns.usda.gov/nslp/national-school-lunch-program-nslp)

Income Eligibility Guidelines [www.fns.usda.gov/fr-032316](http://www.fns.usda.gov/fr-032316)

Florida Dept of Agriculture and Consumer Services, Div. of Food, Nutrition and Wellness:  
The Holland Building, 00 S. Calhoun St. (H2), Tallahassee, FL 32399

### Supper Program

The Afterschool Meals Program provides reimbursement to providers for nutritious meals and snacks served at eligible after school program sites. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

### HOW PROVIDERS CAN ACCESS

#### State Contact Information

Florida Department of Health Division of Community Health Promotion Bureau of Child Care Food Programs

4052 Bald Cypress Way, Bin #A-17 Tallahassee, FL 32399-1727

850-245-4323 Email: [ccfp@flhealth.gov](mailto:ccfp@flhealth.gov) [www.floridahealth.gov/ccfp](http://www.floridahealth.gov/ccfp)

#### Sarasota County Food and Nutrition Services

Beverly L. Girard, PhD, MBA, RD, Director of Food & Nutrition Services

941-486-2199 Email: [Beverly.Girard@sarasotacountyschools.net](mailto:Beverly.Girard@sarasotacountyschools.net)

**FEDERAL/STATE SCHOOL MEAL PROGRAMS**

# FARM TO SCHOOL & FFVP

**ADMINISTRATIVE CONTACTS**

**Sarasota County:** Beverly L. Girard, PhD, MBA, RD, Director of Food & Nutrition Services, 941-486-2199 Email: Beverly.Girard@sarasotacountyschools.net

**Southeast Region:** Samantha Benjamin-Kirk, Farm to School Regional Lead, 404-562-1813 Email: samantaha.benjamin-kirk@fns.usda.gov

**State:** Lindsey Grubbs, Farm to School Network State Lead – Florida Dept of Agriculture and Consumer Services, 850-617-7437 Email: lindsey.grubbs@freshfromflorida.com

**Federal:** Deborah Kane, National Director USDA, Email: farmtoschool@fns.usda.gov

## SUMMER FOOD SERVICE

**ADMINISTRATIVE CONTACTS**

**Sarasota and DeSoto Counties: Sarasota County Food and Nutrition Services**  
Beverly L. Girard, PhD, MBA, RD, Director of Food & Nutrition Services, 941-486-2199 Email: Beverly.Girard@sarasotacountyschools.net

**State:** USDA Summer Food Service Program (BreakSpots)  
Rachel Mohler, 1-800-504-6609 Email: Rachel.mohler@freshfromflorida.com  
[www.summerfoodflorida.org](http://www.summerfoodflorida.org)

**Federal:** USDA – Food and Nutrition Services, [www.fns.usda.gov/sfsp/summer-food-service-program](http://www.fns.usda.gov/sfsp/summer-food-service-program)

**Farm to School Program**

This program enriches the connection communities have with fresh, healthy food and local food producers by engaging food purchasing and education practices at schools and early care and education settings. The school system works with farmers and distributors to bring locally grown food into schools. Students gain access to healthy, local foods as well as education opportunities at school gardens, cooking lessons and farm field trips. Children and their families are empowered to make informed food choices.

**FFVP: Fresh Fruit and Vegetable Program**

FFVP is a federally assisted program providing free fresh fruits and vegetable to students in participating elementary schools during the school day. The program is an important tool in our efforts to combat childhood obesity, and has been successful in introducing students to a variety of produce that they otherwise might not have the opportunity to sample. FFVP is consistent with and supports the Institute of Medicine's recommendations to provide healthier snack choices in schools.

**Summer Food Service Program (in Florida, “BreakSpot”)**

The Summer BreakSpot program help to fill the nutrition gap by providing free meals to kids 18 and under all summer long. Supervised locations offer healthy breakfasts, lunches or snacks in a safe environment with no limitations to access. Locations open as schools let out for the summer.

**FOR INDIVIDUALS SEEKING ASSISTANCE**

Dial 2-1-1 or text FOODFL to 877-877, [www.summerfoodflorida.org/Find-a-Site/](http://www.summerfoodflorida.org/Find-a-Site/)



**FEDERAL/STATE PROGRAMS**

# CACFP

**ADMINISTRATIVE CONTACTS**

**State:** Fla Dept of Elder Affairs  
850-414-2337 Fla Dept of  
Health 850-245-4323

**Federal: USDA Food and  
Nutrition Service**

[www.fns.usda.gov/cacfp/child-and-adult-care-food-program](http://www.fns.usda.gov/cacfp/child-and-adult-care-food-program)

# CSFP

**ADMINISTRATIVE CONTACTS**

**Florida Dept of Agriculture &  
Consumer Services**, Mallory  
Reeves, Program Oversight  
Supervisor, 407-888-8751  
Email: [Mallory.Reeves@  
FreshFromFlorida.com](mailto:Mallory.Reeves@FreshFromFlorida.com)  
600 South Calhoun Street, H2,  
Tallahassee, FL 32399

# TEFAP

**ADMINISTRATIVE CONTACTS**

**Sarasota & DeSoto Counties:**  
All Faiths Food Bank, 941-379-  
6333, [www.allfaithsfoodbank.org](http://www.allfaithsfoodbank.org)

**State:** Mallory Reeves,  
407-888-8751 Email: [Mallory.  
Reeves@FreshFromFlorida.com](mailto:Mallory.Reeves@FreshFromFlorida.com)

**Federal:** [http://www.fns.usda.  
gov/tefap](http://www.fns.usda.gov/tefap)

# 211

**ADMINISTRATIVE CONTACTS**

**Suncoast Region** Taylor  
Neighbors, Referral Specialist  
941-308-4357 x7017  
Email: [homeless@  
uw211manasota.net](mailto:homeless@uw211manasota.net)

**Child and Adult Care Food Program**

CACFP provides aid to child and adult care institutions and family or group day care homes for the provision of nutritious foods that contribute to the wellness, healthy growth, and development of young children, and the health and wellness of older adults and chronically impaired disabled persons.

USDA Food and Nutrition Services: [www.fns.usda.gov/cacfp](http://www.fns.usda.gov/cacfp)

**Commodity Supplemental Food Program**

CSFP works to improve the health of low income persons (at least 60 years old) by supplementing their diets with nutritious USDA Foods.

**FOR INDIVIDUALS SEEKING ASSISTANCE**

Florida CSFP/TEFAP

Lisbeth Rytlewski 850-617-7435 Email: [Lisbeth.Rytlewski@FreshFromFlorida.com](mailto:Lisbeth.Rytlewski@FreshFromFlorida.com)

**Emergency Food Assistance Program**

The Emergency Food Assistance Program (TEFAP), targets poor and vulnerable households to provide them with critical nutrition assistance to supplement their household food budgets.

**FOR INDIVIDUALS SEEKING ASSISTANCE**

All Faiths Food Bank, 941-379-6333, [www.allfaithsfoodbank.org](http://www.allfaithsfoodbank.org)

**United Way of Manasota Referral Program**

2-1-1 is a free and confidential service that helps people across North America find the local resources they need, 24 hours a day, seven days a week.

**FOR INDIVIDUALS SEEKING REFERRAL ASSISTANCE**

Dial 2-1-1, Online: [www.211.org](http://www.211.org)

**ALL FAITHS FOOD BANK PROGRAMS****ALL  
FAITHS  
FOOD  
BANK****FOR AGENCIES AND  
INDIVIDUALS SEEKING  
ASSISTANCE**

All Faiths Food Bank  
941-379-6333  
[www.allfaithsfoodbank.org](http://www.allfaithsfoodbank.org)

In addition to partner agency programs, All Faiths Food Bank provides food and nutrition education directly to individuals through the programs below.

**Mobile Pantry Program**

Mobile Pantry trucks distribute food regularly throughout Sarasota and DeSoto Counties allowing for fresh produce and meat to be distributed along with staple items. Contact: Chuck Bonura, 941-549-8136 Email: [cbonura@allfaithsfoodbank.org](mailto:cbonura@allfaithsfoodbank.org)

**Sprout Mobile Farm Market**

Fresh produce is distributed in areas of highest need. Contact: Chuck Bonura, Mobile Food Distribution Manager, 941-549-8136, Email: [cbonura@allfaithsfoodbank.org](mailto:cbonura@allfaithsfoodbank.org)

**BackPack Program**

The BackPack program provides bags of kid-friendly food to students so they can eat on weekends and holidays when they may otherwise go without. Contact: Rebekah Enoch, 941-549-8128, Email: [renoch@allfaithsfoodbank.org](mailto:renoch@allfaithsfoodbank.org)

**School Pantry Program**

School-based pantries are located on school grounds and provide convenient food assistance to low-income students and their families. Contact: Rebekah Enoch, Child and Family Program Manager, 941-549-8128, Email: [renoch@allfaithsfoodbank.org](mailto:renoch@allfaithsfoodbank.org)

**Nutrition Programs**

Cooking Matters and Growing Healthy Kids are custom-tailored classes that provide healthy nutrition information to all ages. Contact: Megan Armstrong, RD, LD Health and Nutrition Educator, 941-549-8129, Email: [marmstrong@allfaithsfoodbank.org](mailto:marmstrong@allfaithsfoodbank.org)

**Campaign Against Summer Hunger**

In spring, All Faiths Food Bank unites a community to raise food and funds to feed students and their families during the summer. Contact: Denise Cotler, 941-315-7671, Email: [dcotler@allfaithsfoodbank.org](mailto:dcotler@allfaithsfoodbank.org)

To download your copy of this  
free resource guide, go to  
[www.allfaithsfoodbank.org/  
resourceguide](http://www.allfaithsfoodbank.org/resourceguide)