



Volunteer Opportunities

Food Sorting/packing: Food Sorters inspect and pack donated items for inventory. Closed toes shoes are required. Volunteers must be able to stand for 3 hours. Must be able to lift 5-40 lbs. boxes. Shifts are available Mon-Thurs, 8:30-11:30 a.m. & 1:00-3:30 p.m.

Backpack Packing: Packing backpacks with nutritious, kid friendly food and packing bags into totes for delivery to our school partners. Closed toed shoes are required. Volunteers must be able to stand for 3 hours. Must be able to lift 10-20 lbs. totes. Backpack packing availability is Thursday from 9:00-12:00pm.

Welcome and Registration/Link-2-Food: Help clients check in to each pantry before they go through the food line. Each volunteer will help fill out a “new client registration form” for the client. Volunteers must have legible hand writing, be able to stand for 2 hours collecting information, and be polite and respectful to all visitors.

Mobile Farm Market: Go into the community with our Mobile Farm Market. Here you will be able to help load and unload fresh produce, bag and hand produce to clients and help take down client information. Mobile Farm Markets go out daily throughout Sarasota and DeSoto Counties. Hours and availability vary.

Mobile Pantries: Go into the community with our mobile pantry. Here you will be able to take down client information, hand out food directly to individuals in need and help load and unload the pantry. Mobile Pantry goes out daily throughout Sarasota and DeSoto Counties. Hours and availability vary.

Community Pantries/School Pantries: Unloading deliveries, stocking shelves, assisting those in need at the pantry, stock taking after distribution, reloading trucks and light paperwork. Locations and hours vary.

Cooking Matters: Join a team of 3-4 volunteers to help teach low-income individuals how to select, purchase, and prepare healthy low-cost meals. Classes meet once per week for six weeks and are coordinated by AFFB. Classes are offered



for adults, teens, and children and are held at various locations throughout Sarasota and DeSoto Counties.

Nutrition-2-Go: The goal of Nutrition2Go is to expand nutrition education opportunities to AFFB clients through brief nutrition education sessions to increase knowledge on salt, fat and sugar and their long-term implication on overall health. Volunteers conduct short interactive lessons with clients at our mobile locations.

Administrative: Assist with filing, data entry, scanning, and mailings as needed. Projects will vary. Open shifts available Monday – Thursday or as needed.

Special Events: Assisting with our signature event, Bowls of Hope or the National Letter Carrier countywide food drive. Hours and availability vary.

To view all opportunities, learn more or sign up for a shift, visit www.allfaithsfoodbank.org/volunteer