Applesauce Muffins
A breakfast muffin packed with apple and cinnamon flavor.

Serving Size – Serves 12, 1 muffin per serving

**Ingredients**
- 2 cups flour
- ¾ cups sugar
- 2 teaspoons baking powder
- 1 teaspoon cinnamon
- ¼ teaspoon salt
- 1 egg, beaten
- 1 cup unsweetened applesauce
- ½ cup butter, melted

**Instructions**
1. Preheat oven to 375 degrees F.
2. Mix flour, sugar, baking powder, cinnamon, and salt in a bowl.
3. Mix in beaten egg, applesauce, and melted butter.
4. Evenly scoop mixture into muffin pan.
5. Bake 18-20 minutes until done.