



## Frozen Fruit Cups

**Serves 16 | Serving Size: 1 cup**

### Ingredients

- 16 oz of frozen strawberries , thawed
- 12 oz of pineapple juice (orange-pineapple juice is also an option)
- 2 cans of pineapples, not drained
- 2 cans of mandarin oranges
- 6 bananas, diced
- 1/3 cup of lemon juice
- 16 oz of frozen berries

### Instructions

1. Combine all ingredients in a large bowl
2. Measure out 1 cup and freeze cups
3. When ready to serve, allow cups to thaw for slushy consistency



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