Frozen Fruit Cups

Serves 16 I Serving Size: 1 cup

Ingredients

• 16 oz of frozen strawberries, thawed
• 12 oz of pineapple juice (orange-pineapple juice is also an option)
• 2 cans of pineapples, not drained
• 2 cans of mandarin oranges
• 6 bananas, diced
• 1/3 cup of lemon juice
• 16 oz of frozen berries

Instructions

1. Combine all ingredients in a large bowl
2. Measure out 1 cup and freeze cups
3. When ready to serve, allow cups to thaw for slushy consistency